



Schools & Youth Groups

- Open 7 days a week, March-October
- NGB accreditation & AALA recognition
- Annual inspections, modern equipment
- County council approved centre
- Fully qualified staff with CRB & First Aid



www.northamptonwatersports.com

Activities

We specialise in the tuition of dinghy sailing and windsurfing, however we can also provide short introductory sessions in bell-boating, raft-building, kayaking and canoeing.



Sailing - Harness the power of the wind in your sails, sit out and enjoy the ride!

An exciting, stimulating and fun activity for all.

Windsurfing – An awesome experience which will build water confidence, balance and co-ordination. Exhilarating, challenging and very, very wet!



Raft building - A great team building and problem solving activity. Encourages group interaction and communication – why not bring your rugby or football team to have a go.



Bell-boating - A long, wide and extremely stable canoe for up to 12 people. This is a fun, safe group activity that is a great way to learn paddle skills and teamwork.



Also suitable for those with physical disabilities.

Kayaking and Canoeing also available

- ✓ Organised, safe & fun
- ✓ Healthy physical activity
- ✓ Ideal for all sporting abilities
- ✓ Appeals to boys and girls
- ✓ Schemes developed by teachers
- ✓ Great sense of achievement
- ✓ Develops responsibility
- ✓ Work towards nationally recognised awards

National Curriculum Outcomes

Learning to sail or windsurf covers many learning opportunities from the *Learning Outside the Classroom Manifesto* and can support the teaching of Key Stages 2, 3 and 4 in PE & outdoor adventurous activities, PHSE, science and maths.

- ✓ Gain knowledge of fitness and health
- ✓ Build communication skills
- ✓ Working with others
- ✓ Select and apply skills, tactics and compositional ideas
- ✓ Evaluate and improve performance
- ✓ Leadership and volunteering opportunities
- ✓ Managing risk and having adventures in the outdoors

Why not use watersports to provide exciting, ways to teach the core subjects, such as Maths, Science, English, DT, Geography or History.

Sessions are available during curriculum time, after-school, evenings or weekends.

Please contact us to create a programme to suit the needs of your group.

Tel: 01604 880248

Email: schools@northamptonwatersports.com

Get onboard!

To make the most of our facilities, we recommend one of the following options:

- Multi-activity days
- One-off taster sessions
- **4 – 6 x 2-hour sessions or 2 full days**

Work through the RYA youth sailing or windsurfing scheme, Stage 1. RYA certificates (and logbooks) can be awarded.

- **10 – 12 x 2-hour sessions or 4 – 5 full days**

As above, following RYA youth scheme, stages 1 & 2. Depending on ability, most participants should reach Stage 2 standard (GCSE level 6/7 equivalent).

- Team-building activities such as raft-building and bell-boating.

Join the club

Exit routes for young people include the opportunity to join our Monday night 'Team15' youth windsurfing club or Saturday morning 'Jays' youth sailing club.

Safety

The centre is licensed by the Adventure Activities Licensing Authority (AALA) to provide all of the activities listed. We are also a Royal Yachting Association (RYA) approved training centre for sailing, windsurfing and powerboating.

This ensures that the centre runs safe adventurous activities for young people, with appropriate facilities, equipment and NGB qualified instructors.

The RYA & AALA conduct annual inspections and spot checks on courses to ensure the quality of instruction and that safety procedures are in place and adhered to.

What we provide

All activity equipment and specialist clothing will be provided by the centre. This includes wetsuits, waterproof tops, buoyancy aids and helmets.

We also have changing rooms and hot showers. All you need to bring is some old shoes, a towel and spare (warm) clothes.

Prices & availability

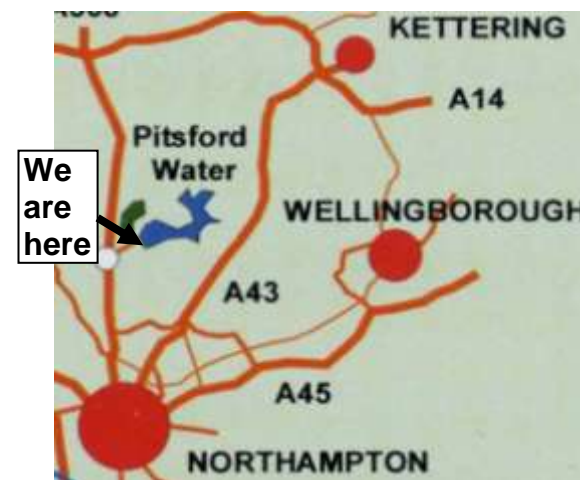
Please contact us for up to date prices and availability.

How to book a session

1. Decide on the activities you would like, when you can come, and how big the group will be
2. Call us to check the dates are available and make a provisional booking
3. Send us your completed Group Booking Form with deposit or full payment
4. Give out Parental Consent Forms to your group (please bring the completed forms to us on your first day)
5. Have fun on the water!

How to find us

We are 5 miles north of Northampton, just off the A508. Follow signs to Brixworth Country Park.



Northampton Watersports Centre
Pitsford Reservoir, Brixworth,
Northampton, NN6 9DG
Tel: 01604 880248

Email: schools@northamptonwatersports.com