

Guidelines for Paddleboarding and Kayaking

1. Types of craft
 - a. Paddleboards
 - i. Only the following are permitted -
 1. Solid paddleboards with built in buoyancy.
 2. Inflatable paddleboards of drop-stitch construction.
 - b. Kayaks
 - i. Only the following are permitted -
 1. Sit on top kayaks with built in buoyancy.
 2. Inflatable kayaks of drop-stitch construction.
 3. Inflatable kayaks with double skin construction and multiple buoyancy compartments.
 4. Sit-in kayaks with built in buoyancy.
2. Safety
 - a. All members will hold third party liability insurance to the sum of at least £3,000,000 while paddle boarding or kayaking.
 - b. Approved buoyancy aids, inflated if of that type, must be worn when afloat.
 - c. A wetsuit or dry suit must be worn when paddle boarding or kayaking between 1st October and 30th of April.
 - d. A leash must be used when paddle boarding.
 - e. Any paddle board deemed unfit for use by the coxswains, general or sailing committee members will not be allowed on the water.
3. Paddle Boarding Areas
 - a. Except in an emergency, paddle boards or kayaks will not land on any area of the shore, other than the shore that makes up the club site.
 - b. Paddle boards and kayaks will keep clear of dinghies and windsurfers that are participating in racing organised by Northampton Sailing Club.
 - c. Paddle boards and kayaks will not paddle within 30 metres of fishermen or fishing boats.
4. Other
 - a. When paddle boarding or kayaking, members must carry their club membership card.
 - b. On arrival on site, and before removing a paddle board from site it must be checked, cleaned and dried in accordance with the clubs Invasive Species Procedures - <http://www.northamptonsailingclub.org/index.asp?selection=Course%20Info&uid=62>