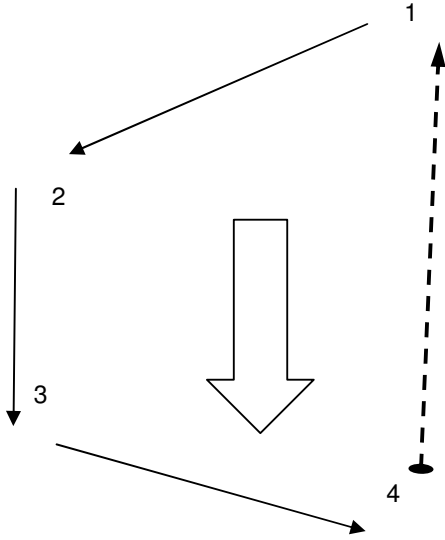
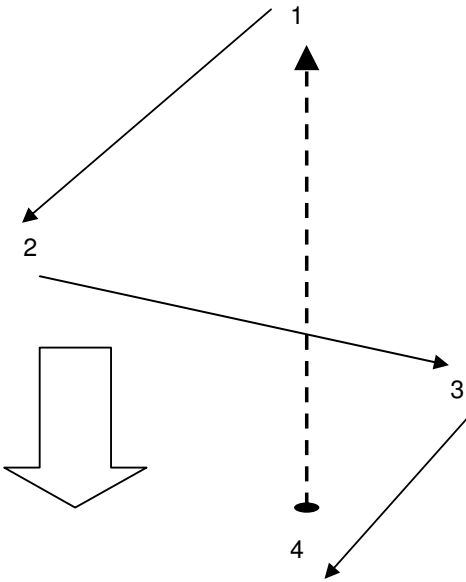
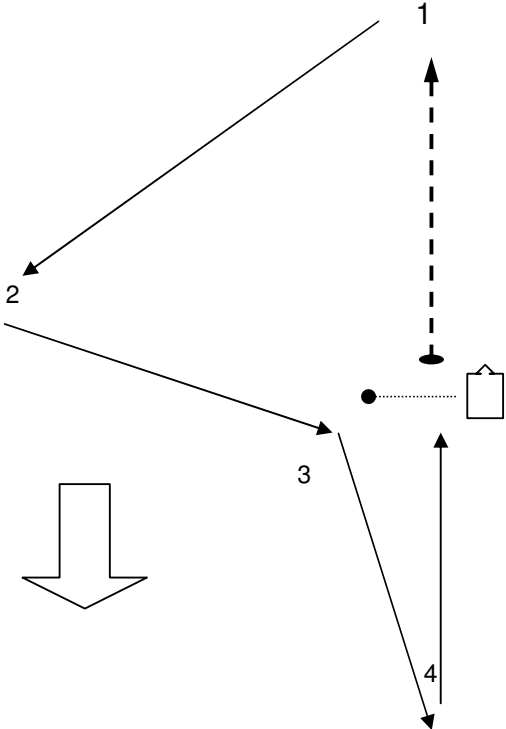
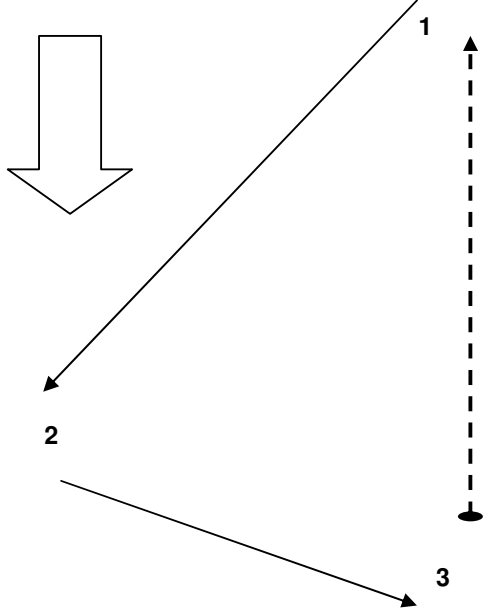


Suggested Courses

Aim for a 15 minute lap

 <p>Ideal for NW winds from the Park using M as 1 with P W and E or for stronger SE winds using W as 1 with E M and P.</p>	 <p>Ideal for SW winds over the Dam use C as 1 with W M and T or for NE winds use T as 1 with M W and P</p>
 <p>Ideal for West winds using E as 3 and F as 4</p>	 <p>A simple - but not symmetrical - triangle is ideal for light winds,</p>