

NORTHAMPTON SAILING CLUB

SAILING INSTRUCTIONS FOR STEVE NICHOLSON MEMORIAL RACE 24th January 2009

1.0 Rules

- 1.1 Racing will be governed by the "Rules" as defined in the Racing Rules of Sailing 2009 – 2012, the Notice of Race and these Sailing Instructions.
- 1.2 The event will be designated Category C in accordance with ISAF Reg. 20.

2.0 Notices to Competitors.

Notices to competitors will be posted on the official Notice Board, located on the Clubhouse Veranda Area in front of the Wet Bar doors to veranda.

3.0 Changes to Sailing Instructions.

Any changes in the sailing instructions will be posted for one hour before the advertised starting time of the race or races concerned.

Changes in the sailing instructions will be signalled by displaying flag "L" from the flagpole. When no further changes have been made Flag "L" will be lowered after the start of the last race .

4.0 Signals made Ashore.

- 4.1 Signals made ashore will be hoisted on the flagpole located on the Veranda at the North East corner of the Clubhouse.
- 4.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 30 minutes" in race signal AP.

5.0 Schedule of Races.

The first race will start at 11.00 with others to follow as shown:

11:00	Non Asymmetric Double Handed
11:05	Non Asymmetric Single Handed
12:30	Asymmetric Single & Double Handed
To follow	Non Asymmetric Double Handed
	Non Asymmetric Single Handed
	Asymmetric Single & Double
16:30	Presentation of Prizes

6.0 Class Flag Signals

Non Asymmetric Double Handed	Flag E
Non Asymmetric Single Handed	Flag No 1
Asymmetric Single and Double Handed	Flag A

7.0 Racing Area.

Attachment A shows the location of the racing area.

8.0 The Courses.

- 8.1 The approximate positions of the marks are shown in Attachment "A". The course configuration and the order of rounding of marks will be as shown on the course board on the stern of the committee boat. The letters refer to the marks and the background colour refers to the side they are to be left.
- 8.2 Number of Rounds - Each race will last for approximately 45 mins.
- 8.3 Boats sailing from the leeward mark to the windward mark must pass between the two committee boats forming the start and finish line as marks of the course.
- 8.4 The conventional boats will sail a course around the buoys as shown on the stern of the committee boat and cross the finish line at the end of each lap.
- 8.5 The asymmetrically rigged boats will sail a windward leeward course. At the windward mark there will be a spacer mark to be rounded There will be two leeward marks forming a gate for the boats to pass through before rounding the mark to port or starboard. The boats must cross the finish line at the end of each lap.

9.0 The Marks.

The course marks will be 1 metre Orange Spherical Buoys, with a designated letter as shown on attachment "A".

10.0 The Start.

- 10.1 Races will be started using RRS 26 with the warning signal given 5 minutes before the start signal. **5 4 1 Go**
- 10.2 The following race may have its warning signal at the same time as the Start Signal for the preceding race.
- 10.3 All starts will use the BLACK FLAG rule.

- 10.4 The start line is defined as the line between the mast displaying an orange flag on the committee boat and an end of line boat flying an orange flag from its mast.
- 10.5 Boats whose warning signal has not been made shall avoid the start area.
- 10.6 A boat starting later than 4mins.after her start will be scored DNS. This changes rule A4
- 11.0 Change of Position of the Next Mark.**
To change the position of the next mark, the race committee will move the original mark (or finishing line) to a new position. The change will be signaled before the leading boat has begun the new leg. Although the mark may not be in its new position. The direction it has been moved will be signalled by the boat at the previous mark showing Red for movement to Port and Green for movement to Starboard. Any mark to be rounded after rounding the moved mark may be relocated without further signalling to maintain course configuration.
- 12.0 The Finish.**
The finish line will be between the mast displaying an orange flag on the committee boat and the end of line boat flying an orange flag.
- 13.0 Time Limits.**
The time limit will be 60 minutes, boats failing to finish within 30 minutes of the first boat finishing or within the time limit, which ever is later will be scored "DID NOT FINISH". This changes RRS 35 and A4.
- 14.0 Protests and Requests for Redress.**
- 14.1 Protests shall be written on forms available at the race control desk and delivered there within 30 minutes of the last boat finishing the race.
- 14.2 The closing time for receipt of protests will be posted on the notice board and protest hearings will commence as soon as possible thereafter. The protests to be heard will be posted on the notice board at the end of the protest time limit.
- 15.0 Scoring.**
- 15.1 The handicap system will use the PY numbers for the classes as published by the R.Y.A.
- 15.2 Average lap time will be calculated using the PY handicap system to obtain the race result.
- 15.3 Low Point scoring system of Appendix A will apply.
- 15.4 One race to be completed to constitute a series.
- 15.5 There will be no result discards so that each boat's series score will be the total of her race scores.
- 16.0 Safety Regulations.**
- 16.1 Adequate personal Buoyancy shall be worn at all times when afloat. This amends Rule RRS40 neither a wet suit or dry suit constitute adequate personal buoyancy.
- 16.2 Competitors may not go afloat until the Club Flag is flown from the boathouse flagpole, which indicates that the safety boats are ready to operate. When a black flag is flown with the Club Flag, sailing will be restricted to the club side of "E" Buoy shown on attachment A.
- 16.3 It is not permitted to land outside the club enclosure except in an emergency.
- 17 Declarations**
- 17.1 Signing on before each race will not be necessary although it will be necessary to have entered the series to be eligible to start a race.
- 17.2 A declaration sheet will be displayed near the official notice board which must be signed ONLY by competitors who have retired within 30 minutes of the last boat finishing in each race.
- 18.0 Equipment and Measurement Checks.**
- 18.1 Before a boat is eligible to race her valid measurement certificate shall be presented at the race office. If the measurement certificate is not available then RRS 78.2 applies.
- 18.2 Boats may be measured before or after any race at the discretion of the Race Committee.
- 19.0 Disclaimer of Liability.**
Competitors participate in the regatta entirely at their own risk. See Rule 4. Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.
- 20.0 Insurance**
Each participating boat shall be insured with a valid Third Party Liability Insurance with a minimum Cover of £2m.
- 21.0 Rights to use Names & Likenesses**
Competitors and / or their Guardians automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures and live, taped or filmed television, or any other form of media, of or relating to the event.